



Walk, Ride, and Roll to School education services

Encourage your students to take active transportation to school with a FREE class or event!

Biking, walking, skating, skateboarding, or riding a scooter to school helps promote physical activity and healthier lifestyles for students. Walk, Ride, and Roll to School classes and events are designed to teach students skills and safety to build confidence and encourage participation.

Elementary Safety Assembly

This 40-minute assembly will be tailored for either grades K-3 or 4-5/6, and will cover the basics of walking and biking safely.

Middle/High School Bike Workshop

This 40-minute interactive presentation will cover biking laws, bike handling tips, bike maintenance, sustainability, and health. (Best for small student groups).

Bike Rodeo

This bike skills event will be taught on a school playground or parking lot, and provides an opportunity for students to develop skills to become more confident bike riders. Bike rodeos typically last one hour.

Encouragement Ride

This fun bike ride will offer kids and parents an opportunity to ride with an instructor safely around the school neighborhood. This ride teaches useful urban riding techniques and skills for route planning on the road. An introduction to bike trains may be provided. (After school or weekends only).

Bike Maintenance Quick Check

Instructors certified by the League of American Bicyclists will demonstrate the basics of checking a bike for safe riding, including the tire air and brakes. After the demonstration, participants may bring their own bike for a quick check and minor bike adjustment. This one-hour event is held at your school or school district.

Balancing and Skateboarding Safety

This one-hour skateboard safety and balancing class develops fundamental skills and helps beginners learn to skate. The class focuses on balance and position, proper technique and mechanics, as well as specific tips for skateboarding safety.

**San Diego County schools and school districts from K - 12 are eligible to register. Classes will be offered on a first-come, first-served basis with a preference to schools that did not receive funding through our Mini-Grant Program.*

To register your school for a class, visit:

iCommuteSD.com/WRR