



Free Walk, Ride, and Roll to School Services

Encourage your students to use active transportation with a FREE class!*

Biking, walking, skating, skateboarding, or riding a scooter to school helps promote physical activity and healthier lifestyles for students. Walk, Ride, and Roll to School classes are designed to teach students skills and safety to build confidence and encourage participation.

Bike and Traffic Safety for Kids (Online Module)

In this virtual presentation, the San Diego County Bicycle Coalition provides a three-part module for students. Lessons include rules of the road, signs and symbols, helmets and safety, and riding skills. Each module includes a video and quiz and can be completed in under 10 minutes. Adult supervision/assistance is advised for students younger than 10.

Safety Assembly (In-person or virtual)

This 40-minute assembly, provided by the San Diego County Bicycle Coalition, can be tailored for grades K-3, 4-6, or above. The live presentation includes a helmet fitting demonstration and teaches students the basics of walking and biking safely. This assembly is a great addition to Wellness Wednesday, Spirit Week, or existing safety campaigns.

E-bike Safety Assembly (In-person or virtual)

This 40-minute assembly, provided by the San Diego County Bicycle Coalition, includes the rules of the road for all bike riders, but focuses specifically on regulations for e-bikes and tips about where to ride and how to ride an e-bike legally and safely. This assembly can be tailored for elementary, middle or high school students.

Parents, please share this flier with your child's school administrator. Only administrators may register a school for these services.

To register your school for a class*, visit:

iCommuteSD.com/WRR

**San Diego County K-12 schools, school districts, and youth organizations are eligible to register. Classes will be offered on a first-come, first-served basis.*