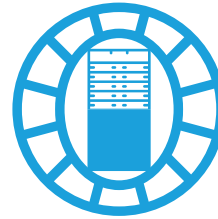


# Sharp HealthCare Telework Impacts

Sharp HealthCare is a not-for-profit integrated regional health care delivery system located in San Diego. Sharp includes four acute-care hospitals, three specialty hospitals, two affiliated medical groups and a health plan. Sharp has approximately 2,600 physicians on medical staffs, more than 1,000 physicians in affiliated medical groups, and more than 16,000 employees.

In order to reduce costs for its patients, while also contributing to workplace quality-of-life, Sharp offers its employees the option to telework.

About **290 desk spaces** are saved weekly (number of employees who telework three or more days/week). This equates to:



26,100 square feet of office space or **half the size of a football field** (57,600 square feet)

## Annual travel impacts based on Sharp HealthCare teleworkers in 2015

**75,126** hours of commute time saved



**3,130** days  
or  
**101** months  
or  
**8** years

**2,253,792** vehicle miles saved



**4.5** round trips to the moon (477,800 mi)



**90** times around the world (24,900 mi)

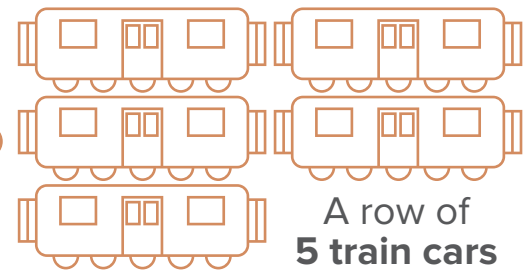
**132,575** commute trips were saved

**1,055 metric tons** of CO<sub>2</sub> emissions were saved, which equates to:

A herd of **165** African bush elephants



A pod of **5 blue whales** (200 tons each)



A row of **5 train cars**

What Sharp teleworkers are saying...



"My quality of life has improved drastically. I am able to spend valuable time with my family as I am no longer stuck in traffic every day to get to work/get home."

"I think it's great!"

"Is a win-win arrangement for the environment, the agency and the worker."

**SHARP**