Share the Road
Stay out of the "door zone". Ride at least a 3-foot width away from parked cars. If necessary, position yourself in the center of the travel lane to stay a safe distance from parked cars. Shown are a guide to help you position yourself safely in the travel lane.
Always pass on the left
No one expects to be passed on the right. Pay attention when cars or buses stop in front of you. People walking may be crossing the street, especially at transit stops.
Always ride with traffic
Stop and look for oncoming vehicles before crossing streets. Do not cross to avoid weaving between parked cars.
Yield to pedestrians
People walking may be in the right-of-way at crosswalks. Whether or not cars are permitted to go, stop for people walking when riding on sidewalks where bikes are permitted.
Use bike lanes when available
When riding in a bike lane, ride to the left, as far from parked cars as practical.

Choose the Best Way to Turn Left
Use the left turn lane
Check for cars behind you, signal, and move into the left turn lane to make your turn when it’s safe.
Two-stage left turn
At large intersections, ride through the intersection on the right, stop and turn your bike, and proceed across the intersection when the traffic light turns green.

Multi-use Paths
Stay to the right, except to pass
Ride side by side only when conditions on the path allow it.
Always pass on the left
Slow down, give an audible warning, and wait for a response before passing.
Give right-of-way to slower users
Follow posted speed limits and be considerate of other people walking or biking.
Cross streets and driveways cautiously
Watch for crossing traffic and make sure drivers see you before proceeding.
Move off the path before you stop
Slow down and move as far to the right as safely possible before you stop.
Travel at a safe speed
People walking faster should consider alternative routes.

Bikeways in the San Diego Region
A completely separated bike path for bike riders, pedestrians, and other non-motorized users only (no car traffic). Some paths may have on-street access or speed limits.
   bike lane
A striped lane for Summary bike travel on a street or highway.
bike route
A signed route that is part of a region-wide system. Bike routes share the roadway with other vehicles. These routes can include "shared use" or "sharrows" or dedicated paths.
   greenway shoulder bike access
A bike path or a bike lane that is part of a regional greenway. Use of these facilities for alternative modes of travel is not recommended. Check all regulatory signs and yield the right-of-way as required.
other suggested routes
These suggested routes are generic and are not official bikeways. Bikers should use caution in choosing routes appropriate for their skills and experience.
steep routes
These trails are often long and may be challenging for some bike riders. Biking is not recommended in the wet or after heavy rain.
   bike rack
Bikes may be parked, loaded, and unloaded at stations or Parks & Recreation centers. Consult COAST and SDG&E trail maps.

For an interactive version of this map, including routes overview text, etc. visit bikedotcom.